The Counselor’s Corner

**MRS. BARNHARDT**

**NEMO VISTA ELEMENTARY**

**WINTER 2020/2021**

**Classroom Guidance**

Talk to your child about what they are learning during classroom guidance lessons.

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**Upcoming Events**

January 11-15 K-2nd MAP Testing

January 18-22 3rd-5th MAP Testing

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**Winter Character Words**

December – Compassion

January – Acceptance

February – Citizenship

Mental Health

Here are some ideas for you on self- care and mental health for children.



 **Recommended Reads**



Reading with your child is great quality time and will help strengthen their reading skills. Here are some great suggestions:

Compassion: The Giving Tree by Shel Silverstein

Acceptance: The Sneetches by Dr. Seuss

Citizenship: Have You Filled a Bucket Today? by Carol McCloud