



REDHAWKS DINER

NEMO VISTA SCHOOLS

OCTOBER 12TH – 16TH



BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Waffles w/syrup Fruit/Juice Milk	Donuts Graham Crackers Fruit/Juice Milk	Breakfast Pizza Fruit/Juice Milk	Cereal Graham Crackers Fruit/Juice Milk	Breakfast Bar Toast Fruit/Juice Milk

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken Creamed Potatoes Green Beans Roll Fruit	Crispito Salad w/ Ranch Pinto Beans Fruit	Sloppy Joe Tator Tots Mixed Veggy Fruit	Corn Dog Blackeye Peas Broccoli Fruit	Chicken Noodle Soup Cheese/Crackers Carrot Sticks w/ranch Corn Fruit

All entrée salads are offered with fruit.

All grains are whole grain rich.

Menu is subject to change due to availability.

“USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER”