



REDHAWKS DINER

NEMO VISTA SCHOOLS

OCTOBER 11TH – 15TH



BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast w/syrup Or Cereal Graham Crackers	Yogurt Chex Mix Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Cereal Graham Crackers Fruit Juice and Milk	Sausage Roll Or Cereal Graham Crackers

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken Creamed Potatoes Green Beans Roll Fruit	Burrito w/Cheese Sauce Broccoli Pinto Beans Fruit	Sloppy Joe Tator Babies Cooked Carrots Fruit	ELEMENTARY: Corn Dog M/S & H/S: Chili Cheese Dog Blackeye Peas Salad w/Ranch Fruit	Chicken Noodle Soup Cheese/Crackers Carrot Sticks w/ranch Corn Fruit

All entrées are offered with fruit.

All grains are whole grain rich.

Menu is subject to change due to availability.

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER"