



SEPTEMBER 2025

REDHAWKS DINER

Breakfast is served with fruit and/or juice & milk. Cereal & Graham Crackers are offered as a second meal option

Monday

LABOR DAY

1

NO SCHOOL!!

BREAKFAST: Sausage & Biscuit

8

LUNCH: Cheesy Chicken & Rice
Tossed Salad
Pinto Beans
Tortilla

Breakfast: Sausage Roll

15

LUNCH: Taco Salad
Lettuce & Tomato
Pinto Beans
Chips & Salsa

BREAKFAST: Sausage & Biscuit

22

LUNCH: Pulled Pork Nacho
Coleslaw
Corn

BREAKFAST: Ham & Cheese
Croissant

29

LUNCH: Chicken Alfredo
Steamed Broccoli
Tossed Salad
Garlic Bread

Tuesday

BREAKFAST: Chicken & Biscuit

2

LUNCH: Cheeseburger
Lettuce/Tomato/Pickle
Baked Beans
French Fries

BREAKFAST: Breakfast Casserole
& Toast

9

LUNCH: Hot Dog
Carrots & Ranch
Baked Chips

MS/HS OPTION: Hamburger and/or
Salad Bar

BREAKFAST: Breakfast Bar &
Toast & Jelly

16

LUNCH: Cheese Stick w/Marinara
Corn
Cooked Carrots

MS/HS OPTION: Salad Bar

BREAKFAST: Yogurt & Chex Mix

23

LUNCH: Pizza Stick
Corn
Cooked Carrots

MS/HS OPTION: Salad Bar

BREAKFAST: Mini Cinni Pastry

30

LUNCH: Crispito
Corn on the cob
Carrots w/Ranch

MS/HS OPTION: Salad Bar

Wednesday

BREAKFAST: Breakfast Pizza

3

DOMINO'S DAY!!
LUNCH: Cheese Pizza
Tossed Salad
Corn

MS/HS OPTION: Pepperoni
and/or Salad Bar

BREAKFAST: Breakfast Pizza

10

LUNCH: Chicken & Bacon Ranch
Flatbread Sandwich
Pickle Spear, Carrots & Ranch
Baked Chips

BREAKFAST: Breakfast Pizza

17

LUNCH: Chicken Sandwich
Lettuce/Tomato/Pickle
Baked Beans
French Fries

BREAKFAST: Breakfast Pizza

24

LUNCH: Meat Ball Sub
Pickle Spear, Carrots & Ranch
Baked Chips

Thursday

BREAKFAST: Breakfast Burrito
& Salsa

4

LUNCH: Beef Burrito
Steamed Broccoli w/Cheese
Tossed Salad

MS/HS OPTION: Crispito and/or
Salad bar

BREAKFAST: Muffin

11

LUNCH: Loaded Tots
Pinto Beans
Steamed Broccoli

MS/HS OPTION: Baked Potato/Salad Bar

BREAKFAST: Breakfast Tornado
PK: Cereal

18

LUNCH: Corn Dog
Carrots & Ranch
Steamed Broccoli w/Cheese

MS/HS OPTION: Salad Bar

BREAKFAST: Donut
PK: Cereal

25

LUNCH: Cheese Stick w/Marinara
Tossed Salad
Steamed Broccoli

MS/HS OPTION: Salad Bar

Friday

Breakfast: Waffles & Syrup

5

LUNCH: Popcorn Chicken
Creamed Potatoes
Green Beans
Roll

BREAKFAST: Pancake on a Stick
& Syrup

12

LUNCH: Chicken Strips
Creamed Potatoes
Green Beans
Roll

BREAKFAST: French Toast Sticks
& Syrup

19

LUNCH: Chicken Fried Chicken
w/Gravy
Creamed Potatoes
Green Beans
Biscuit

BREAKFAST: Pancakes & Syrup

26

LUNCH: Chicken Nuggets
Creamed Potatoes
Green Beans
Roll

Lunch Entrees are served with fruit & 1% milk
Menu is subject to change

NEMO VISTA IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER