

REDHAWKS DINER

NEMO VISTA SCHOOLS

OCTOBER 26TH-30TH



BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Fruit/Juice Milk	Nutri-Grain Fruit Bar Graham Crackers Fruit/Juice Milk	Breakfast Pizza Fruit/Juice Milk	Cereal Graham Crackers Fruit/Juice Milk	Breakfast Burrito Fruit/Juice Milk

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Chicken	Nacho Supreme	Cheese Stick	Hot Dog	Chili
Creamed Potatoes	Lettuce/Tomato	Marinara	Carrots w/Ranch	Grilled Cheese Sandwich
Green Beans	Refried Beans	Blackeye Peas	Chips	Pinto Beans
Roll	Salsa	Salad/Ranch	Fruit	Cooked Carrots
Fruit	Fruit	Fruit	Cookie	Fruit