



REDHAWKS DINER

NEMO VISTA SCHOOLS

OCTOBER 19TH – 23RD



BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake Stick Fruit/Juice Milk	Cereal Graham Crackers Fruit/Juice Milk	Breakfast Pizza Fruit/Juice Milk	Blueberry Muffin Fruit/Juice Milk	Chicken & Biscuit Fruit/Juice Milk

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Strips Creamed Potatoes Green Beans Roll Fruit	Chili Cheese Dog Carrots French Fries Fruit	Pizza Corn Salad/Ranch Fruit	Chicken Sandwich Lettuce/ Tomato/Pickle Baked Beans Fruit	Taco Soup Cheese/Fritos Pinto Beans Carrot w/Ranch Fruit

All entrée salads are offered with fruit.

All grains are whole grain rich.

Menu is subject to change due to availability.

“USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER”