

## **REDHAWKS DINER**

**NEMO VISTA SCHOOLS** 



BREAKFAST is served with 1/2 cup Fruit and 100% Fruit Juice with Milk



Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Fruit/Juice Milk	Donut Graham Crackers Fruit/Juice Milk	Breakfast Pizza Fruit/Juice Milk	Cereal Graham Crackers Fruit/Juice Milk	French Toast Sticks w/Syrup Fruit/Juice Milk

## Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	Elementary:			
Chicken Fajita	Corn Dog	Chicken Nuggets	Cheese Stick with Marinara	<b>ELEMENTARY:</b> Hot Dog
Tortilla	MS & HS:	French Fries	Salad/Ranch	MS/HS: Burrito
Lettuce/Tomato	Crispito	Mixed Veggy	Blackeye Peas	Chips
Pinto Beans	Corn	Fruit	Fruit	Carrots/Ranch
Salsa	Salad/Ranch			Fruit
Fruit	Fruit			

All Grains are whole grain rich

Menu is subject to change due to availability

NEMO VISTA IS AN EOUAL OPPORTUNITY EMPLOYER AND PROVIDER