



REDHAWKS DINER

NEMO VISTA SCHOOLS

JANUARY 23RD-27TH



BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin Graham Cracker Or Cereal Graham Crackers	Breakfast Bar Toast/Jelly Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Yogurt Parfait Chex Mix Or Cereal Graham Crackers	Pop Tart Graham Crackers Or Cereal Graham Crackers

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken Creamed Potatoes Green Beans Roll	Corn Dog Green Peas Corn <u>MS/HS:</u> Salad Bar	FARM FRESH!! Cheeseburger Lettuce/Tomato/Pickle Baked Beans French Fries <u>MS/HS:</u> Salad Bar	Chicken Fajita Tortilla Salad w/Ranch Pinto Beans Salsa <u>MS/HS:</u> Salad Bar	Chili w/Crackers Pinto Beans Carrots/Ranch Cinnamon Roll

All entrées are offered with fruit.

All grains are whole grain rich.

Menu is subject to change due to availability.

“USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER”