



REDHAWKS DINER

NEMO VISTA SCHOOLS

August 24th-28th



BREAKFAST is served with 1/2 cup Fruit and 100% Fruit Juice with Milk

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks w/Syrup Fruit/Juice Milk	Cereal Graham Crackers Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Nutri-Grain Fruit Bar Graham Crackers Fruit Juice Milk	Biscuit w/Gravy Fruit Juice Milk

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Strips Creamed Potatoes Green Beans Roll Fruit	Nacho Supreme Lettuce/Tomato Pinto Beans Salsa Fruit	Cheeseburger Lettuce/Tomato/Pickle Baked Beans French Fries Fruit	Cheese Stick Salad w/Ranch Corn Marinara Fruit	ELEMENTARY: Corn Dog MS/HS: Crispito Broccoli w/Cheese Blackeye Peas Fruit

All Grains are whole grain rich - Menu is subject to change due to availability

NEMO VISTA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER