



REDHAWKS DINER

NEMO VISTA SCHOOLS

OCTOBER 15TH – 19TH



BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>#1 Sausage N Gravy Biscuit Or #2 Cereal Graham Crackers</p>	<p>#1 Breakfast bar Toast Or #2 Cereal Graham Crackers</p>	<p>#1 Breakfast Pizza Or #2 Cereal Graham Crackers</p>	<p>#1 Pancakes Baked ham Or #2 Cereal Graham Crackers</p>	<p>#1 Chicken Biscuit Or #2 Cereal Graham Crackers</p>

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>#1 Chicken Fried Chicken Gravy Creamed Mash Potatoes Seasoned Green Beans Roll Mixed Fruit</p>	<p>#1 Rock and Roll Beef wrap Salad w/ Ranch Sweet potato fries Snickerdoodle Fresh fruit</p>	<p>#1 Turkey N Cheese sandwich #2 Ham N Cheese sandwich Both served Lettuce/Tomatoes/Pickle/Onion Baked Beans French Fries Fresh Grapes</p>	<p>#1 Nacho Supreme Lettuce/ diced Tomato Pinto Beans Fresh Salsa Strawberry Slices</p>	<p>#1 Cheesy Chicken Spaghetti Crackers Seasoned Corn Pinto beans Carrot Sticks w/ranch Mandarin Oranges</p>

All entrée salads are offered with fruit.

All grains are whole grain rich.

Menu is subject to change due to availability.

“USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER”