



REDHAWKS DINER

NEMO VISTA SCHOOLS

JANUARY 7TH – 11TH



BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
#1 Sausage & Biscuit Or #2 Cereal Graham Crackers	#1 Scrambled Eggs Toast Or #2 Cereal Graham Crackers	#1 Breakfast Pizza Or #2 Cereal Graham Crackers	#1 French Toast Sticks Baked Ham Or #2 Cereal Graham Crackers	#1 Sausage Gravy Biscuit Or #2 Cereal Graham Crackers

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
#1 Chicken Nuggets Creamy Mashed Potatoes Seasoned Green Beans Whole wheat roll Pineapple tidbits	#1 Corn Dog Purple Hull Peas Carrot sticks w/ Ranch Batter Bites Mandarin Oranges	#1 Fajita Salad Lettuce/Tomatoes Seasoned Pinto beans Fresh Salsa Fresh Fruit	#1 Cheese burger Lettuce/Tomato/Pickles/onion Broccoli w/ cheese French Fries Fresh Fruit	#1 Pepperoni Pizza Tossed salad w/ ranch Seasoned Corn Fresh Fruit

All entrée salads are offered with fruit.
 All grains are whole grain rich.
 Menu is subject to change due to availability.
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