



Nemo Vista Schools

September 4th – 8th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
No School	Sausage & Biscuit Or Cereal	Breakfast Pizza Or Cereal	Pancakes/syrup Baked Ham Or Cereal	Sausage Rolls Or Cereal
Labor Day	Graham Crackers	Graham Crackers	Graham Crackers	Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
No School	Chicken Nuggets Creamed Potatoes Green Beans	Cheeseburger Lettuce/Pickles Tomato Slice Baked Beans	Taco Salad Shredded Lettuce Diced Tomatoes Pinto Beans	Chicken Sandwich Lettuce/Pickles Tomato Slice Baby Carrots/Ranch
Labor Day	Roll Fruit	French Fries Fresh Fruit	Fresh Salsa Fruit	Chips Fresh Fruit

All grains are whole grain rich.

Menu is subject to change due to availability

“USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.”



Nemo Vista Schools

September 11th – 15th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Breakfast Bar Toast Or Cereal Toast	Breakfast Pizza Or Cereal Graham Crackers	Scrambled Eggs Toast Or Cereal Toast	French Toast Sticks Baked Ham Or Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fried Chicken Gravy Creamed Potatoes Seasoned Green Beans Roll Fruit	Corn Dog Purple Hull Peas Tossed Salad/Ranch Fresh Fruit	Chicken Fajita Salad Shredded Lettuce Diced Tomatoes Pinto Beans Fresh Salsa Fresh Fruit	Hamburger Lettuce/Pickles Tomato Slice Baked Beans French Fries Fruit	Mozzarella Sticks Marinara Sauce Tossed Salad/Ranch Seasoned Corn Fresh Fruit

All grains are whole grain rich.

Menu is subject to change due to availability

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Nemo Vista Schools

September 18th – 22nd

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Sausage Gravy & Biscuit Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Pancakes/syrup Baked Ham Or Cereal Graham Crackers	Sausage Roll Or Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Strips Creamed Potatoes Green Beans Roll Fruit	Hot Dog Chili/Mustard Baby Carrots/Ranch Baked Beans Chips Fresh Fruit	Cheeseburger Lettuce/Pickles Tomato Slice French Fries Fresh Fruit	Nacho Supreme Shredded Lettuce Diced Tomatoes Fresh Salsa Pinto Beans Fresh Fruit	Pizza Tossed Salad/Ranch Corn Brownie Fruit

All grains are whole grain rich.

Menu is subject to change due to availability

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Nemo Vista Schools

September 25th – 29th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Breakfast Bar Toast Or Cereal Toast	Breakfast Pizza Or Cereal Graham Crackers	Waffles/syrup Baked Ham Or Cereal Graham Crackers	Chicken & Biscuit Or Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fried Nuggets Creamed Potatoes Green Beans Roll Fruit	Corn Dog Tossed Salad/Ranch Baked Beans Chips Fresh Fruit	Hamburger Lettuce/Pickles Tomato Slice French Fries Fresh Fruit	Taco Salad Shredded Lettuce Diced Tomatoes Pinto Beans Fresh Salsa Fresh Fruit	Spaghetti/Meat Sauce Cheese Wedge Purple Hull Peas Bread Sticks Fruit

All grains are whole grain rich.

Menu is subject to change due to availability

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