



# REDHAWKS DINER

NEMO VISTA SCHOOLS

NOVEMBER 5<sup>TH</sup> – 9<sup>TH</sup>



**BREAKFAST** is served with 100% Fruit Juice, Skim or 1% Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>#1</b> Sausage & Biscuit Or <b>#2</b> Cereal Graham Crackers	<b>#1</b> Scrambled Eggs Toast Or <b>#2</b> Cereal Toast	<b>#1</b> Breakfast Pizza Or <b>#2</b> Cereal Graham Crackers	<b>#1</b> French Toast Sticks Baked Ham Or <b>#2</b> Cereal Graham Crackers	<b>#1</b> Sausage Gravy Biscuit Or <b>#2</b> Cereal Graham Crackers

**Lunch** is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<b>#1</b> Chicken Strips Creamy Mashed Potatoes Seasoned Green Beans Whole wheat roll Pineapple tidbits	<b>#1</b> Corn Dog Purple Hull Peas Batter Bites Mandarin Oranges Or <b>#2</b> Chef Salad with ranch dressing	<b>#1</b> Fajita Salad Lettuce/Tomatoes Seasoned Pinto beans Fresh Salsa Fresh Fruit	<b>#1</b> Cheese burger Lettuce/Tomato/Pickles/onion Baked Beans French Fries Apple Sauce or fresh fruit Or <b>#2</b> Chicken Caesar Salad	<b>#1</b> Chili w/ cheese stick crackers Seasoned Brown rice Tossed Salad/Ranch Strawberry/Banana slices

All entrée salads are offered with fruit.  
 All grains are whole grain rich.  
 Menu is subject to change due to availability.  
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