



REDHAWKS DINER

NEMO VISTA SCHOOLS



March 30-April 3rd

BREAKFAST is served with 1/2 cup Fruit and 100% Fruit Juice with Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin OR Cereal Graham Crackers	Pancakes OR Cereal Graham Crackers	Breakfast Pizza OR Cereal Graham Crackers	Scrambled Eggs Toast OR Cereal Toast	Breakfast Bar Hashbrown OR Cereal Graham Crackers

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets/Strips Potato Wedge Green Beans Roll Fruit	Pizza Corn Broccoli Fruit	Hamburger Mixed Veggies Baked Beans Fruit	Frito Chili Pie Carrots w/Ranch Corn Fruit	Chicken Spaghetti Salad w/Ranch Black Eye Peas Roll Fruit

All Grains are whole grain rich

Menu is subject to change due to availability

NEMO VISTA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER