



Nemo Vista Schools

February 5th – 9th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	French Toast Sticks Ham Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Breakfast Bar Toast Or Cereal Toast	Inclement Weather Day (if needed)

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fried Chicken Gravy Creamed Potatoes Green Beans Roll Fruit	Fajita Chicken Salad Shredded Lettuce Diced Tomatoes Refried Beans Fresh Salsa Fruit	Hamburger Lettuce/Pickles/Tomato Baked Beans French Fries Fresh Fruit	Chili Pinto Beans Cheese Stick Baby Carrots/Ranch Crackers Fruit	Inclement Weather Day (if needed)

All grains are whole grain rich.

Menu is subject to change due to availability.

“USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER”



Nemo Vista Schools

February 12th – 16th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Sausage Rolls Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Waffles Baked Ham Or Cereal Graham Crackers	Scrambled Eggs Toast Or Cereal Toast

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Strips Creamed Potatoes Green Beans Roll Fruit	Nacho Supreme Shredded Lettuce Diced Tomatoes Pinto Beans Fresh Salsa Fruit	Cheeseburger Lettuce/Pickles Tomato Slice Baked Beans French Fries Fresh Fruit	Vegetable Beef Soup Cheese Wedge Baby Carrots/Ranch Crackers Fruit Cowboy Cookie	Cheese Pizza Tossed Salad/Ranch Corn Fresh Fruit

All grains are whole grain rich.

Menu is subject to change due to availability.

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Nemo Vista Schools

February 19th – 23rd

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Pancakes & Ham Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Sausage Gravy Biscuit Or Cereal Graham Crackers	Breakfast Bar Toast Or Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Creamed Potatoes English Peas Roll Fruit	Taco Salad Shredded Lettuce Diced Tomatoes Pinto Beans Fresh Salsa Fruit	Hamburger Lettuce/Pickles Tomato Slice Baked Beans French Fries Fresh Fruit	Chicken Noodle Soup Cheese Slice Corn Baby Carrots/Ranch Crackers Fruit	Cheese Sticks Marinara Sauce Tossed Salad/Ranch Green Beans Fresh Fruit

All grains are whole grain rich.

Menu is subject to change due to availability.

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Nemo Vista Schools

February 26th – March 2nd

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks Baked Ham Or Cereal Graham Crackers	French Toast Sticks Baked Ham Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Sausage Rolls Or Cereal Graham Crackers	Scrambled Eggs Toast Or Cereal Toast

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fried Chicken Gravy Creamed Potatoes Green Beans Roll Fruit	Fajita Chicken Salad Shredded lettuce Diced Tomatoes Refried Beans Fresh Salsa Fruit	Cheeseburger Cheese Slice Lettuce/Tomato/Pickles Baked Beans French Fries Fresh Fruit	Chili Pinto Beans Cheese Wedge Crackers Fruit	Cheese Quesadilla Tossed Salad/Ranch Corn Fresh Fruit

All grains are whole grain rich.

Menu is subject to change due to availability.

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