



Nemo Vista Schools

December 4th – 8th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Scrambled Eggs Toast Or Cereal Toast	Breakfast Pizza Or Cereal Graham Crackers	Waffles/syrup Baked Ham Or Cereal Graham Crackers	Sausage Gravy Biscuit Or Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Nacho Supreme Shredded Lettuce Diced Tomatoes Refried Beans Fresh Salsa Fruit	Mozzarella Cheese Sticks Marinara Sauce Salad/Ranch Corn Fruit	Chicken Sandwich Lettuce/Pickles Tomato Slice Baked Beans French Fries Fresh Fruit	Roast-w-Gravy Creamed Potatoes Green Beans Roll Fruit	Chili Cheese Stick Pinto Beans Crackers Fruit

All grains are whole grain rich.

Menu is subject to change due to availability

“NEMO VISTA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER”



Nemo Vista Schools

December 11th -15th

BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	French Toast Sticks Syrup Ham Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Scrambled Eggs Toast Or Cereal Toast	Sausage Roll Or Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Roasted Chicken Creamed Potatoes Green Beans Roll Fruit	Taco Salad Shredded Lettuce Diced Tomatoes Pinto Beans Fresh Salsa	Hamburger Lettuce/Pickles Tomato Slice Baked Beans French Fries Fresh Fruit	Peperoni Pizza Salad/Ranch Corn Fresh Fruit	Vegetable Beef Soup Cheese Wedge Baby Carrots/Ranch Crackers Applesauce Brownies

All grains are whole grain rich.

Menu is subject to change due to availability

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Nemo Vista Schools

December 18th - 22nd

BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Breakfast Bar Toast Or Cereal Toast	Breakfast Pizza Or Cereal Graham Crackers	Christmas Holiday	Christmas Holiday

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog Chili/Mustard Baked Beans French Fries Fresh Fruit	Corn Dog Salad/Ranch Batter Bites Fruit	Cheeseburger Lettuce/Tomato/Pickles Carrot Sticks/Ranch Chips Fruit	Christmas Holiday	Christmas Holiday

All grains are whole grain rich.

Menu is subject to change due to availability.

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Nemo Vista Schools

January 1st – 5th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Christmas	Christmas	Christmas	Breakfast Pizza Or Cereal Graham Crackers	Sausage Rolls Or Cereal Graham Crackers
Break	Break	Break		

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Christmas	Christmas	Christmas	Chicken Nuggets Creamed Potatoes Green Beans Bread Stick Fruit	Hamburger Lettuce/Pickles Tomato Slice Baked Beans French Fries Fruit
Break	Break	Break		

All Grains are whole grain rich.

Menu is subject to change due to availability

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Nemo Vista Schools

January 8th – 12th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Scrambled Eggs Toast Or Cereal Toast	Breakfast Pizza Or Cereal Graham Crackers	Pancakes/syrup Ham Or Cereal Graham Crackers	Breakfast Bar Toast Or Cereal Toast

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Roasted Chicken Creamed Potatoes Green Beans Roll Fruit	Pizza Tossed Salad/Ranch Corn Fruit	Cheeseburger Lettuce/Pickles/Onions Tomato Slice Baked Beans French Fries Fruit	Chili Pinto Beans Cheese Slice Carrot Sticks/Ranch Crackers Fruit	Taco Salad Shredded Lettuce Diced Tomatoes Refried Beans Fresh Salsa Fruit

All Grains are whole grain rich.

Menu is subject to change due to availability.

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Nemo Vista Schools

January 15th - 19th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	French Toast Sticks Ham Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Chicken & Biscuit Or Cereal Graham Crackers	Sausage Roll Or Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fried Chicken Gravy Creamed Potatoes English Peas Roll Fruit	Mozzarella Sticks Marinara Sauce Tossed Salad/Ranch Green Beans Fruit	Hamburger Lettuce/Tomato Slice Baked Beans French Fries Fruit	Chicken Noodle Soup Corn Cheese Slice Carrot Sticks/Ranch Crackers Fruit	Chicken Fajita Salad Shredded Lettuce Diced Tomatoes Pinto Beans Fresh Salsa Fruit

All grains are whole grain rich.

Menu is subject to change due to availability.

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Nemo Vista Schools

January 22nd – 26th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Waffle Sticks Ham Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Scrambled Eggs Toast Or Cereal Toast	Breakfast Bar Toast Or Cereal Toast

LUNCH is served with ½ cup Fruit-Elementary & Middle School 1 cup High School and 1 cup Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Strips Creamed Potatoes Green Beans Roll Fruit	Nacho Supreme Shredded Lettuce Diced Tomatoes Pinto Beans Fresh Salsa Fruit	Chicken Sandwich Lettuce/Pickles/Onion Tomato Slice French Fries Baked Beans Fruit	Elementary-Corn Dog MS & HS-Burrito Cheese Sauce Salad/Ranch Purple Hull Peas Fruit	Vegetable Beef Soup Cheese Slice Carrot Sticks/Ranch Crackers Fruit Cinnamon Roll

All grains are whole grain rich.

Menu is subject to change due to availability

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FEBRUARY



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Nemo Vista Schools

January 29th – February 2nd

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Pancakes/syrup Ham Or Cereal Graham Crackers	Breakfast Pizza Or Cereal Graham Crackers	Sausage Gravy Biscuit Or Cereal Graham Crackers	Sausage Roll Or Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Creamed Potatoes Green Beans Roll Fruit	Spaghetti-w-Meat Sauce Cheese Stick Purple Hull Peas Salad/Ranch Bread Stick Fruit Milk	Cheeseburger Lettuce/Tomato/Pickles Baked Beans French Fries Fruit	Chicken Noodle Soup Cheese Slice Corn Carrot Sticks/Ranch Crackers Fruit	Taco Salad Shredded Lettuce Diced Tomatoes Pinto Beans Fresh Salsa Fruit

All grains are whole grain rich.

Menu is subject to change due to availability.

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