



REDHAWKS DINER

NEMO VISTA SCHOOLS

DECEMBER 16TH-20TH



BREAKFAST is served with 100% Fruit Juice, Skim or 1% Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Toast Or Cereal Graham Crackers Fruit/Juice	Waffles OR Pancakes w/Syrup Or Cereal Graham Crackers Fruit/Juice	Breakfast Pizza OR Muffin Or Cereal Graham Crackers Fruit/Juice	Egg & Toast Or Cereal Graham Crackers Fruit/Juice	Breakfast Bar Toast OR Cereal Graham Crackers Fruit/Juice

Lunch is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fried Chicken w/Gravy Roasted Potatoes Green Beans Bread Stick Fruit	Chicken Noodle Soup Cheese Wedge Salad/Ranch Corn Fruit	Fish Sandwich Lettuce/Tomato/ Pickle/ Onion Baked Beans French Fries Fruit	Pizza Stick Salad/Ranch Cooked Carrots Fruit	Ham & Cheese Sandwich Carrots/Ranch Chips Fruit Cookie

All entrée salads are offered with fruit.

All grains are whole grain rich.

Menu is subject to change due to availability.

"USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER"