



Nemo Vista Schools

August 14 – 18

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Roll Or Cereal Graham Crackers	Breakfast Bar Toast Or Cereal Toast	Breakfast Pizza Or Cereal Graham Crackers	Pancakes Baked Ham Or Cereal Graham Crackers	Sausage & Biscuit Or Cereal Graham Crackers

LUNCH is served with Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Creamed Potatoes Seasoned Green Beans Whole Wheat Roll Fruit	Hamburger Lettuce/Tomato/Pickles Baked Beans Chips Fresh Fruit	Taco Salad Lettuce/Tomatoes Pinto Beans Fresh Salsa Fruit	Chicken Sandwich Lettuce/Tomato/Pickles French Fries Cowboy Cookie Fresh Fruit	Pizza Salad-w-Ranch Dressing Seasoned Corn Fresh Fruit

All grains are whole grain rich.

Menu is subject to change due to availability.

“USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER”



Nemo Vista Schools

August 21st – 25th

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Or Cereal Graham Crackers	Scrambled Eggs Toast Or Cereal Toast	Breakfast Pizza Or Cereal Graham Crackers	French Toast Sticks Baked Ham Or Cereal Graham Crackers	Sausage Gravy Biscuit Or Cereal Graham Crackers

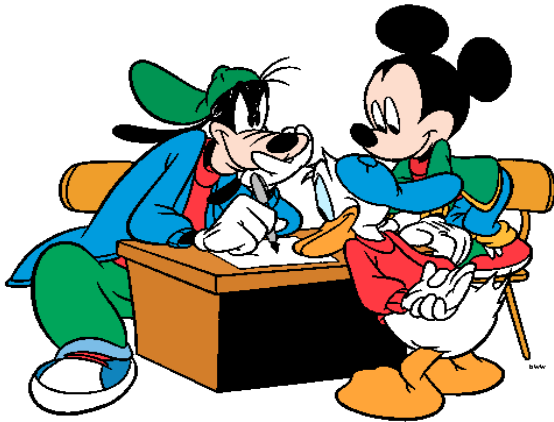
LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fried Chicken Gravy Creamed Potatoes Seasoned Green Beans Whole Wheat Roll Fruit	Corn Dog Purple Hull Peas Batter Bites Fresh Fruit	Fajita Salad Lettuce/Tomatoes Pinto Beans Fresh Salsa Fresh Fruit	Cheeseburger Lettuce/Pickles Tomato Slice Baked Beans French Fries	Mozzarella Sticks Marinara Sauce Tossed Salad/Ranch Seasoned Corn Fruit

All grains are whole grain rich.

Menu subject to change due to availability

“NEMO VISTA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.”



Nemo Vista Schools

August 28th - September 1st

BREAKFAST is served with 100% Fruit Juice, Fruit, Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Roll Or Cereal Graham Crackers	Breakfast Bar Toast Or Cereal Toast	Breakfast Pizza Or Cereal Graham Crackers	Waffles Baked Ham Or Cereal Graham Crackers	Chicken & Biscuit Or Cereal Graham Crackers

LUNCH is served with Fruit and Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Strips Creamed Potatoes Tossed Salad/Ranch Whole Wheat Roll Fruit	Hot Dog Chili/Mustard/Ketchup Baked Beans Carrots/Ranch Chips Fresh Fruit	Nacho Supreme Lettuce/Tomatoes Pinto Beans Fresh Salsa Orange Smiles	Hamburger Lettuce/Pickles Tomato Slice French Fries Apple Wedges	Spaghetti-w-Meat Sauce Cheese Stick Purple Hull Peas Salad-w-Ranch Bread Stick Fruit

All grains are whole grain rich.

Menu subject to change due to availability

“NEMO VISTA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.”